

CHECK YOUR INSURANCE



Having the right insurance is essential in almost any emergency, make sure your home and belongings are properly covered. If you own your home, you'll need buildings insurance; if you rent, check your landlord has landlord insurance and ask your insurer about tenant's contents cover.

Always read the small print so you know exactly what your policy includes – for example, will it pay for temporary accommodation if you have to leave your home? Make sure the amount you're covered for is accurate so you don't end up under insured.

If anything is unclear, speak to your insurer, or contact an insurance broker who can explain things and help you compare quotes.

Keep your insurance documents somewhere safe, and save the important details in your mobile phone if you can.

If you ever need to make a claim, you may need proof of what you own – so take photos of valuables, keep receipts, and back up any electronic records.

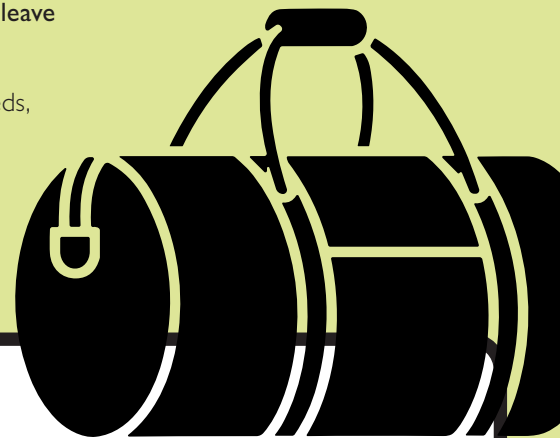
MAKE A GRAB BAG/EMERGENCY KIT



It's a good idea to keep a small 'grab bag' of essentials ready in case you ever need to leave your home quickly in an emergency.

What you pack will depend on your own needs, so think about what's most important for you and your household.

You can store these items in a small, easy to carry bag, or simply make a checklist of what you'd grab in a hurry.



CONSIDER:

- ✓ Copies of key documents (such as passport, birth certificates and insurance details).
- ✓ A USB memory stick with key documents, sentimental photos etc.
- ✓ Medication, prescriptions and a first aid kit.
- ✓ A radio and torch with batteries or a wind up torch/radio.
- ✓ Toiletries, wet wipes and/or antibacterial hand gel.
- ✓ Any special items for babies, children etc.
- ✓ Spare glasses/contact lenses.
- ✓ Spare set of keys (home/car/office).
- ✓ Food and drink that does not require electricity or heat to prepare it.
- ✓ Notebook and pencil/pen.
- ✓ Mobile phone/charger/power bank.
- ✓ Small amount of cash.
- ✓ Change of clothes, blankets and sensible footwear.
- ✓ If you have pets, suitable carriers for small animals, a water bowl, bedding, pet medication and a supply of food.
- ✓ Include this booklet with your completed household plan.
- ✓ Add emergency contacts or medical information to your mobile phone (often called 'ICE' or 'Medical ID' on smartphones) so that emergency services can access this information without having to unlock your phone with a passcode.

