

COMPLETE A HOUSEHOLD EMERGENCY PLAN

In an emergency, having the right details to hand can save time and reduce stress.

Think about keeping a simple household emergency plan that includes:

-  Important phone numbers (family, neighbours, work, school, GP, insurer).
-  Who has spare keys or alarm codes for your home.
-  Where you would go if you couldn't stay at home or couldn't get back there.
-  What you'd do if key services were disrupted (no water, gas, or electricity).
-  Any medical needs, medication lists, or support requirements for you or others in your household.
-  Contact details for your insurance provider.
-  Pet care arrangements if you can't get home.

Your household emergency plan should reflect your own circumstances. Completing it together with family, friends, or neighbours is a great way to make sure everyone knows what to do.

The template to the right is included to complete.

HOUSEHOLD EMERGENCY PLAN

MEETING POINT

In certain situations, you may need to leave your home for your own safety. Decide where you will meet others - this could be a community hub if you have one nearby. Always follow advice from emergency services about when it is safe to return home.

Agreed meeting point	
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IMPORTANT CONTACT NUMBERS FOR SERVICES YOU MIGHT NEED

Emergency services	999
NHS non-emergency number	111
Police non-urgent	101
To report a power cut	105 in England
Yorkshire Water	0345 1 24 24 24
Anglian Water	03457 145 145
Severn Trent Water (Emergencies)	0800 783 4444
Gas Emergency Service and Gas Escapes	0800 111 999
GP	

HOUSEHOLD EMERGENCY PLAN

WHO ELSE MIGHT YOU NEED TO CONTACT IN AN EMERGENCY?

For example, family - those within your household as well as other family members, schools or childcare, your employers, carers or clinical teams

Name	Mobile number(s)	Landline number

HOUSEHOLD EMERGENCY PLAN

OTHERS YOU MIGHT WANT TO CHECK IN ON

If you are in the position where you are able to offer help to your community (and it is safe to do so), you could start by checking on others such as your neighbours. Make a record of their details here:

Name	Mobile number(s)	Landline number

LIST OF CURRENT MEDICATION

Medication name	Dose	How often	Who takes it

RADIO STATIONS

Here you should make a note of the frequencies of any radio stations you use to get local or national news.

Radio station (e.g. BBC radio 2)	Frequency (e.g. 88-91 FM)

INSURANCE DETAILS

Insurance company names, phone numbers and policy numbers

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UTILITIES

If you have time and it is safe to do so, you might need to turn off the mains water, gas or electric to your home during an emergency. Familiarise yourself with where these are located.

WARNING: You can turn the water and electricity back on yourself but **NOT THE GAS**. This must be done by a qualified engineer.



Utility shut off	Location
Water stop cock	
Gas isolation valve	
Electricity isolation switch	

Grab bag location

Who can look after our pets? Contact numbers

If we have to leave home we will do these things, if there is time:



Take mobile phone and charger.



Take prescribed medication.



Take some spare clothes.



Take cash and credit cards.



Lock all doors and windows.



If we leave by car, take bottled water, a duvet or blankets and tune into the local radio for emergency advice and instructions.



Turn off electricity, gas and water supplies.